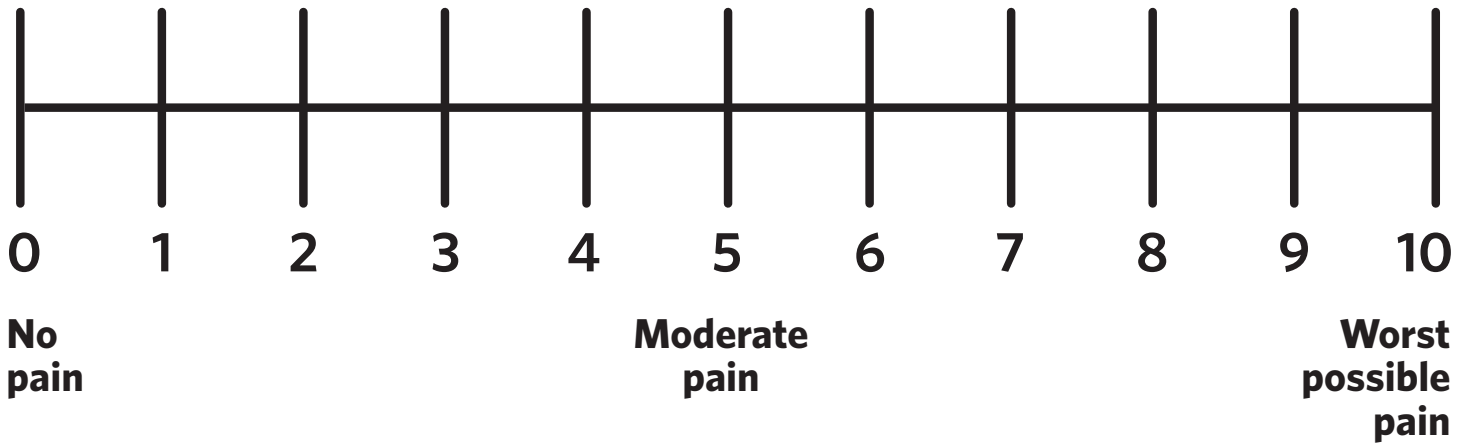




# Numeric Pain Rating Scale

On a scale from 0 to 10, where 0 is no pain and 10 is the worst pain you've experienced, at this moment, what number represents your overall pain level?



CCC Ref: McCaffery, M., & Beebe, A. (1993). Pain: Clinical Manual for Nursing Practice. Baltimore: V.V. Mosby Company. Reproduced with Permission from copyright holder.

## How to use:

- Ask the patient, "On a scale from 0 to 10 where 0 is no pain and 10 is the worst pain you've experienced, at this moment, what number represents your overall pain level?"
- Patient to select one whole value.

## Scoring/Documentation:

- Numeric Pain Rating Scale has a range from 0 to 10.
- Document score in medical record (this includes 0 for no pain).

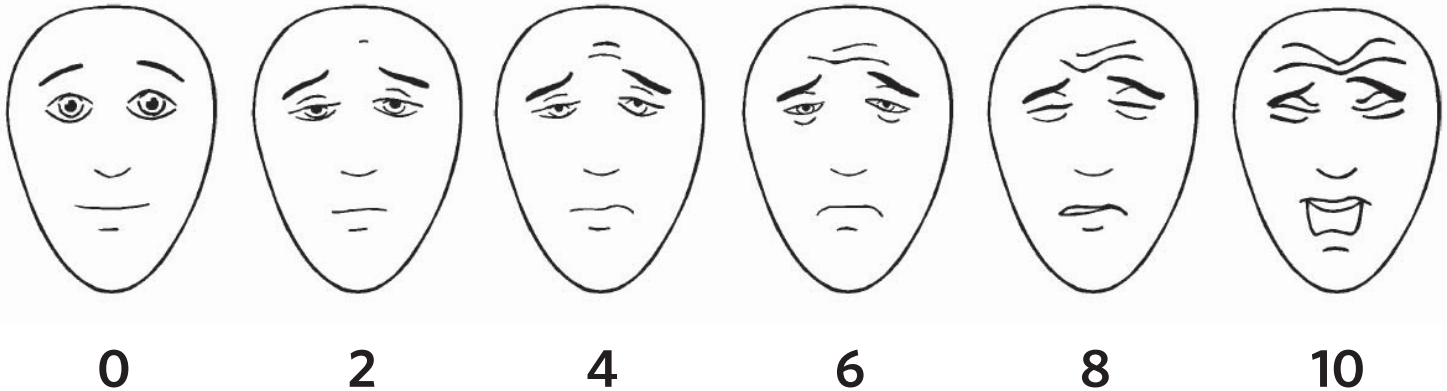
## Interpretation:

- **0 to 3 — Mild pain** | **4 to 6 — Moderate pain** | **7 to 10 — Severe pain**
- Compare the patient's acceptable level of pain to the patient's current self-report of pain to determine level of intervention. This may include non-pharmacologic and pharmacologic interventions.
- Re-asses patient per frequency of local pain policy.



# Faces Pain Rating Scale

This self-report pain assessment tool can be used in all care settings, with patients four years and older who can recognize and understand faces.



CCC Ref: Reprinted from Pediatrics Vol. 126 No. 5, Deborah Tomlinson, MN, Carl L. von Baeyer, PhD, Jennifer N. Stinson, PhD, and Lillian Sung, PhD, Systematic Review of Faces Scales for the Self-report of Pain Intensity in Children, page nos. e1168 -e1198, 2010.

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## ► How to use:

- Show patient Faces Pain Rating Scale.
- Explain the tool, "These faces show how much something can hurt." Point to zero picture and state, "This one shows no pain." Point to ten picture and state, "This one shows worst pain experienced".
- Ask patient, "What face best represents your pain level right now?".

## ► Scoring/Documentation:

- Faces Pain Rating Scale has a range from 0 to 10.
- Document score in medical record (this includes 0 for no pain).

## ► Interpretation:

- **0 to 3 — Mild pain** | **4 to 6 — Moderate pain** | **7 to 10 — Severe pain**
- Compare the patients acceptable level of pain to the patients current self-report of pain to determine level of intervention. This may include non-pharmacologic and pharmacologic interventions.
- Re-asses patient per frequency of local pain policy.